### Participant Characteristics

<table>
<thead>
<tr>
<th>Thinking about losing weight</th>
<th>Ready to participate in weight management program</th>
<th>Weight maintenance</th>
<th>Desires independent learning</th>
<th>Multiple obesity-related comorbid conditions</th>
<th>Co-participating in another weight management intervention</th>
<th>Weight management pharmacotherapy</th>
<th>Pursuing bariatric surgery</th>
</tr>
</thead>
<tbody>
<tr>
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### Technology Features

<table>
<thead>
<tr>
<th>Daily Veteran use recommended</th>
<th>Weight tracking</th>
<th>Activity tracking</th>
<th>Personalized feedback</th>
<th>References MOVE! education materials</th>
<th>Veteran can self-assign (without clinician care)</th>
</tr>
</thead>
<tbody>
<tr>
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</tbody>
</table>

### Technology Type

- **Clinical Video Telehealth**: Requires login
- **VA Video Connect**: Options
- **Annie (Weight Management Protocol)**
- **MOVE! Coach (Weight Management Protocol)**
- **Low Acuity Low Intensity (L2)**
- **TeleMOVE! Home Telehealth**: Requires Login

**Clinical Video Telehealth (CVT), VA Video Connect (VVC), and My HealtheVet are not virtual weight management intervention protocols, but are modes of communication that may be used singularly or in combination with prescribed virtual care.

### Need help accessing these virtual health tools or setting them up?

**Office of Connected Care Help Desk:**
866-651-3180
24/7

**My HealtheVet Help Desk:**
877-327-0022 | 800-877-8339 (TTY)
Monday to Friday: 7 a.m. – 7 p.m. CT.