

Clinician's Guide: VA Virtual Care Tools

Helping Clinicians Choose Virtual Tools for Veterans



For Veterans To Manage Their Care

For Veterans To Achieve Their Health Goals

For Veterans To Improve Their Mental Health

	Airborne Hazards and Open Burn Pit Registry	Annie App for Veterans	MobileKidney	Pain Coach	somnoware	VA FitHeart	CBT-I Coach	COVID Coach	Insomnia Coach	Live Whole Health	Mindfulness Coach	MOVE! Coach	Stay Quit Coach	VA Pressure Ulcer Resource	VetChange	ACT Coach	AIMS for Anger Management	CPT Coach	Couples Coach	PE Coach 2	PTSD Coach	PTSD Family Coach	STAIR Coach
● iOS ▲ Android																							
■ Web □ Options																							
🔒 Requires login																							
Alcohol, drug, and tobacco use																							
Anger and irritability																							
Anxiety, stress, and PTSD																							
Cancer and oncology																							
Depression																							
Diabetes and kidney health																							
Disaster and exposure																							
Dyslipidemia (cholesterol)																							
Family and caregivers																							
Hypertension (high blood pressure)																							
Mindfulness and resilience																							
Pain and headaches																							
Personal development and goal setting																							
Pressure ulcers																							
Sleep and insomnia																							
Traumatic brain injury																							
Weight loss, nutrition and exercise																							
Intended for use in treatment																							



Connect today! For more information about these apps, visit mobile.va.gov/apptore.

Need help accessing these virtual health tools or setting them up? Call:

Health Resource Center Help Desk: **877-470-5947** | Monday to Friday: 7 a.m. – 7 p.m. CT.
Office of Connected Care Help Desk: **866-651-3180** | 24/7



Requires Login

Veterans: My HealtheVet Premium, DS Logon Level 2 (Premium), or ID.me

VA staff: PIV, PIV exemption, or Vista login credentials



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VA



U.S. Department of Veterans Affairs
Veterans Health Administration
Office of Connected Care

● iOS ▲ Android
■ Web ■ Options
🔒 Requires login



ATLAS
(Accessing
Telehealth
through
Local
Area
Stations)

Remote
Patient
Monitoring
- L2 (Low
Intensity)

Remote
Patient
Monitoring –
Home
Telehealth (HT)
(Complex Care)

Asynchronous
Telehealth

		■	■	● ▲	● ▲ ■	■	▲ ■	■	■	■	■	■	■	■	■	■	■	■	■
	Where to access virtual tools and training materials	myhealth.va.gov	mobile.va.gov											telehealth.va.gov					
Patient	Communicate with VA staff	■		■					■			■		■	■	■	■	■	
	Receive health texts		■																
	Refill prescription	■		■	■														
	Schedule appointment	■				■													
	Send images	■						■	■										■
	Take health assessment	■									■								
	View or download VA health records	■																	
Both	Look up participation status of CHAMPVA medical codes						■												
Clinician	Assign/recommend self-management protocols	■	■																
	Conduct anywhere-to-anywhere virtual visit												■			■	■		
	Conduct clinic-to-clinic virtual visit													■					■
	Conduct virtual visit to local area stations														■				
	Provide case management/remote care								■	■			■	■	■	■	■	■	
	Provide health coaching and patient education	■															■	■	
	View images sent by patient	■							■	■									■

To help Veterans access virtual tools requiring login, VA staff can help Veterans register for a My Health eVet Premium account to get them started. When considering the possibility of a virtual visit, VA staff should ask whether a patient is "video-capable," i.e. has a computer, smartphone, or tablet with a camera, and access to the internet. If the patient is not video-capable, contact your local VA facility telehealth coordinator to determine the Veteran's eligibility for the equipment loan and/or Lifeline programs.

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