

My HealtheVet provides you with opportunities and tools to make informed decisions and manage your health care. To learn more, go to: www.myhealth.va.gov.

It is important to protect your information. You are responsible for protecting the personal information you print or download. Protect this information the same way you would protect your banking or credit card information.

- Do not leave your printed information on a printer.
- Do not save your downloaded information to a public computer.

When using a public computer, save your information to a storage device, such as a CD, thumb drive or mobile device. Remember to take it with you when you finish.

My Healthe Vet Help Desk

Toll Free Telephone Number:

1-877-327-0022 1-800-877-8339 (TTY)

Monday – Friday 7:00 a.m. - 7:00 p.m. Central Time

For more information visit www.myhealth.va.gov







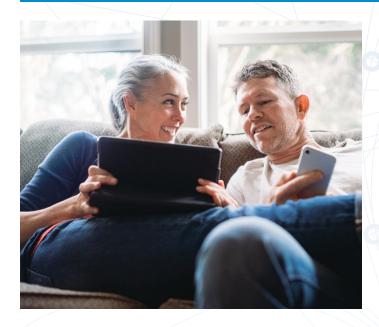
Your VA Personal Health Record

Take Control of Your Health & Wellness









What is My HealtheVet?

My Health eVet is VA's private and secure online Personal Health Record (PHR) for Veterans, active duty service members, their dependents and caregivers. Its online resources and tools offer you greater control over your care and wellness.

My HealtheVet provides you with trusted health information 24/7

Having this information at your fingertips can help you make informed decisions about your overall health and wellness.

Visit www.myhealth.va.gov

How to Get Started?

Follow these three easy steps to **register** today!



Log into www.myhealth.va.gov



Select the "Register" button



Fill out the required fields and submit

Specific features in My HealtheVet are available to you based on your account type. If you are a Veteran who receives care at VA, learn how to upgrade your account to Premium at your local VA facility.

What Can I Do On My HealtheVet?



Pharmacy

Refill your VA prescriptions, track delivery, view a list of your VA prescriptions and other details.



Health Records

View, print, or download information from your VA medical record.



Messages

Communicate securely online with your VA health care team and other VA staff about non-urgent information or questions.



Appointments

Manage your upcoming VA medical appointments and get email reminders. VA patients with a Premium My HealtheVet account can schedule and cancel VA appointments at participating facilities.

Access many more features, tools and resources by registering for a My HealtheVet account at **www.myhealth.va.gov**.

