



# My HealthVet

## Your VA Personal Health Record

### Five Ways My HealthVet Can Benefit You



#### Pharmacy

Refill your VA prescriptions, track delivery, receive shipment email notifications and much more.



#### Secure Messages

Use the Secure Messaging feature to communicate about non-emergency matters with a variety of VA staff and services (e.g., providers, administration, billing, pharmacy) as implemented at your VA facility.



#### Appointments

Keep track of your upcoming VA medical appointments and get email reminders. VA patients with a Premium My HealthVet account who have had a primary care appointment at a participating facility in the last two years can use the online scheduling tool to schedule VA appointments.



#### Health Records

View, print or download your VA Notes, lab test results and other health information with the Blue Button feature. Avoid duplicate tests and procedures by accessing and sharing your VA Health Summary with community providers.



#### Veterans Health Library

Visit this online library of trusted health education to learn more about health and wellness, look up information about tests or medications, or learn about specific conditions such as Post-Traumatic Stress Disorder (PTSD), women Veteran health issues, traumatic brain injury (TBI) and others.

### Sign up for the My HealthVet Newsletter

<https://www.myhealth.va.gov/subscribe> to get all the latest news!

#### Want More Information or Have Questions?

- Contact your local My HealthVet Coordinator,
- Visit <https://www.myhealth.va.gov> and select "Contact" at the top right of the screen or,
- Call the My HealthVet Help Desk at 1-877-327-0022 or 1-800-877-8339 (TTY), Monday - Friday, 7:00 a.m. - 7:00 p.m. (Central Time).



U.S. Department of Veterans Affairs  
Veterans Health Administration  
Office of Connected Care