Clinician's Guide: VA Virtual Care Tools

Helping Clinicians Choose Virtual Tools for Veterans



iOS ▲ AndroidWeb OptionsRequires login	ACT Coach	●	Beyond MST	Concussion Coach	● □ □ CBT-i Coach	Couples Coach	• COVID Coach	• CPT Coach	Insomnia Coach	Live Whole Health	Mindfulness Coach	MOVE! Coach	Pain Coach	PE Coach 2	PTSD Coach	PTSD Family Coach	Safety Plan	• STAIR Coach	Stay Quit Coach	WellWithin Coach	● W etChange	Veterans Wellness Path
Alcohol, drug, and tobacco use																						
Anger and irritability																						
Anxiety, stress, and PTSD																						
Cancer and oncology																						
Cholesterol (dyslipidemia)																						
Depression and mood																						
Diabetes and kidney health																						
Disaster and exposure																						
Heart health																						
Hypertension (high blood pressure)																						
Lung health																						
Mindfulness and resilience																						
Nutrition and exercise																						
Relationships and family																						
Sleep and insomnia																						
Pain and headaches																						



Connect today! For more information about these apps, visit **mobile.va.gov/appstore**.

Need help accessing these virtual health tools or setting them up? Call:

Health Resource Center Help Desk: 800-400-1238 | Monday to Friday: 8 a.m. – 8 p.m. ET.

Office of Connected Care Help Desk: 866-651-3180 | 24/7



Requires Login

Veterans: Login.gov or ID.me. To learn more go to: https://mobile.va.gov/login-information VA staff: PIV, PIV exemption, or VistA login credentials





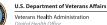


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▲ Android ■ Web ■ Options

Pharmacist

Behavioral Health Lab

limited sites)

Viewing Solution

MHA for Veterans

Health Data (SMHD)

VA Health

VA: Health and Benefits

VA Video

Virtual Care

	Requires login	Solution / (SMITO)													
	• Requires login	● 🛦 🗏	● 🛦 🗏	• 🛦	● 🛦 🗏	● 🛦 🔳	● 🛦 🗏	● 🛦 🔳	● ▲ ■	● ▲ ■	● 🛦 🗏	• 🛦	• 🛦	● ▲ ■	● 🛦 🗏
	Where to access virtual tools and training materials	Mobile.va.gov	Mobile.va.gov	https://www. mirecc.va.gov/ visn4/bhl/ bhl_home.asp	Mobile.va.gov, Google Play store	Facility HSTA and URL.xlsx (sharepoint. com)	Mobile.va.gov	Mobile.va.gov	myhealth.va.gov	Mobile.va.gov	Mobile.va.gov, Apple app store, Google Play store	Mobile.va.gov			
Patient	Receive automated health texts														
	Refill prescriptions														
	Schedule appointments														
	Send images														
	Send secure messages														
	Sync Bluetooth devices														
	Take health assessments														
	Track patient-generated health data (PGHD)														
	View or download VA health records														
	Provide health education														
Both	Look up CHAMPVA medical codes														
	Anywhere to anywhere virtual visits (live video telehealth)														
VA Healthcare Staff	Assign automated health texts														
	Schedule appointments														
	Provide case management/ remote care														
	View images sent by patient														
	View patient-generated health data (PGHD)														

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