

Clinician's Guide: VA Virtual Care Tools

Helping Clinicians Choose Virtual Tools for Veterans

VA



U.S. Department of Veterans Affairs
Veterans Health Administration
Digital Health Office

	ACT Coach	AIMS for Anger Management	Beyond MST	Concussion Coach	CBT-i Coach	Couples Coach	COVID Coach	CPT Coach	Insomnia Coach	Live Whole Health	Mindfulness Coach	MOVE! Coach	Pain Coach	PE Coach 2	PTSD Coach	PTSD Family Coach	Safety Plan	STAIR Coach	Stay Quit Coach	WellWithin Coach	VetChange	Veterans Wellness Path
	● ▲	● ▲	● ▲	● ▲	● ▲	● ▲	● ▲	● ▲	● ▲	● ▲	● ▲	● ▲	● ▲	● ▲	● ▲	● ▲	● ▲	● ▲	● ▲	● ▲	● ▲	● ▲
Alcohol, drug, and tobacco use																						
Anger and irritability																						
Anxiety, stress, and PTSD																						
Cancer and oncology																						
Cholesterol (dyslipidemia)																						
Depression and mood																						
Diabetes and kidney health																						
Disaster and exposure																						
Heart health																						
Hypertension (high blood pressure)																						
Lung health																						
Mindfulness and resilience																						
Nutrition and exercise																						
Relationships and family																						
Sleep and insomnia																						
Pain and headaches																						



Connect today! For more information about these apps, visit mobile.va.gov/appstore.

Need help accessing these virtual health tools or setting them up? Call:

Health Resource Center Help Desk: **800-400-1238** | Monday to Friday: 8 a.m. – 8 p.m. ET.

Office of Connected Care Help Desk: **866-651-3180** | 24/7



Requires Login

Veterans: Login.gov or ID.me. To learn more go to:

<https://mobile.va.gov/login-information>

VA staff: PIV, PIV exemption, or Vista login credentials

VA Mobile

VA Telehealth



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● iOS ▲ Android
■ Web ■ Options
🔒 Requires login

Annie

Ask A Pharmacist

Behavioral Health Lab

CHAMPVA Pay

eScreening (at limited sites)

Image Viewing Solution

MHA for Veterans

My VA Images

Share My Health Data (SMHD)

VA Health Chat

VA: Health and Benefits

VA Video Connect

Virtual Care Manager

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Where to access virtual tools and training materials	Mobile.va.gov	Mobile.va.gov	https://www.mirecc.va.gov/vision4/bhl/bhl_home.asp	Mobile.va.gov, Google Play store	Facility HSTA and URL.xlsx (sharepoint.com)	Mobile.va.gov	Mobile.va.gov	myhealth.va.gov	Mobile.va.gov	Mobile.va.gov, Apple app store, Google Play store	Mobile.va.gov, Apple app store, Google Play store	Mobile.va.gov, Apple app store, Google Play store	Mobile.va.gov, Apple app store, Google Play store	Mobile.va.gov
Patient														
Receive automated health texts														
Refill prescriptions														
Schedule appointments														
Send images														
Send secure messages														
Sync Bluetooth devices														
Take health assessments														
Track patient-generated health data (PGHD)														
View or download VA health records														
Provide health education														
Both														
Look up CHAMPVA medical codes														
Anywhere to anywhere virtual visits (live video telehealth)														
VA Healthcare Staff														
Assign automated health texts														
Schedule appointments														
Provide case management/remote care														
View images sent by patient														
View patient-generated health data (PGHD)														

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Updated: April 2025

Note that products and graphics referenced in this document may change over time as technology and app capabilities advance.

VA Mobile

VA Telehealth

