## Clinician's Guide: VA Virtual Care Tools

Helping Clinicians Choose Virtual Tools for Veterans







U.S. Department of Veterans Affairs

Veterans Health Administration

• iOS ▲ Android	ACT Coach	AIMS for Anger Management	Beyond MST	Concussion Coach	CBT-i Coach	Couples Coach	COVID Coach	CPT Coach	Insomnia Coach	Live Whole Health	Mindfulness Coach	MOVE! Coach	Pain Coach	PE Coach 2	PTSD Coach	PTSD Family Coach	Safety Plan	STAIR Coach	Stay Quit Coach	WellWithin Coach	VetChange	Veterans Weliness Path
■ Web ■ Options  ① Requires login	ACT			• 🛦	©BI=i	<b>№</b>				WAlsocoto ©	<b>∌</b>	Minath	<b>¾</b>	PE A	PTSD		• •	• 🛦	• 🛦	• 🛦	• 🛦	
Alcohol, drug, and tobacco use																						
Anger and irritability																						
Anxiety, stress, and PTSD																						
Cancer and oncology																						
Cholesterol (dyslipidemia)																						
Depression and mood																						
Diabetes and kidney health																						
Disaster and exposure																						
Heart health																						
Hypertension (high blood pressure)																						
Lung health																						
Mindfulness and resilience																						
Nutrition and exercise																						
Relationships and family																						
Sleep and insomnia																						
Pain and headaches																						



Connect today! For more information about these apps, visit **mobile.va.gov/appstore**.

Need help accessing these virtual health tools or setting them up? Call:

Health Resource Center Help Desk: 800-400-1238 | Monday to Friday: 8 a.m. – 8 p.m. ET.

Office of Connected Care Help Desk: 866-651-3180 | 24/7

**(1)** 

Requires Login

Veterans: Login.gov or ID.me. To learn more go to: https://mobile.va.gov/login-information VA staff: PIV, PIV exemption, or VistA login credentials





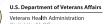


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	<ul><li>iOS ▲ Android</li><li>Web ○ Options</li><li>③ Requires login</li></ul>	Annie	Ask A Pharmacist	Behavioral Health Lab	CHAMPVA Pay	eScreening (at limited sites)	Image Viewing Solution	MHA for Veterans	My healthevet	My VA Images	Share My Health Data (SMHD)	VA Health Chat	VA: Health and Benefits	VA Video Connect	Virtual Care Manager
	• Requires logili	● ▲ ■	• 🖈 🗏	• 🛦	● ▲ ■	● ▲ ■	● 🛦 🔳	● 🛦 🗏	● 🛦 🗏	● 🛦 🗏	● ▲ ■	• 🛦	• 🛦	● ▲ ■	● ▲ ■
	Where to access virtual tools and training materials	Mobile.va.gov	Mobile.va.gov	https://www. mirecc.va.gov/ visn4/bhl/ bhl_home.asp	Mobile.va.gov, Google Play store	Facility HSTA and URL.xlsx (sharepoint. com)	Mobile.va.gov	Mobile.va.gov	myhealth.va.gov	Mobile.va.gov	Mobile.va.gov, Apple app store, Google Play store	Mobile.va.gov			
Patient	Receive automated health texts														
	Refill prescriptions														
	Schedule appointments														
	Send images														
	Send secure messages														
	Sync Bluetooth devices														
	Take health assessments														
	Track patient-generated health data (PGHD)														
	View or download VA health records														
	Provide health education														
VA Healthcare Staff Both	Look up CHAMPVA medical codes														
	Anywhere to anywhere virtual visits (live video telehealth)														
	Assign automated health texts														
	Schedule appointments														
	Provide case management/ remote care														
	View images sent by patient														
	View patient-generated health data (PGHD)														

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