



# Take Control of Your Health Through My HealthVet

**Join the millions of Veterans who use My HealthVet to help make informed decisions about their VA care.**

My HealthVet is VA's private and secure online patient portal for Veterans, active duty service members, and their dependents and caregivers. Its online resources and tools offer you greater control over your health and wellness.

## What Can I Do on My HealthVet?



### View VA Health Records

View, print, or download information from your VA medical record.



### Refill VA Prescriptions

Refill your VA prescriptions, track their delivery, and view a list of your VA prescriptions.



### Send Secure Messages

Communicate securely with your VA care team to ask nonurgent health questions, send updates on your condition, and more.



### Manage VA Appointments

View, schedule, and cancel VA care appointments, set up email reminders, and join video visits.

## How Can I Get Started?

1. Visit the My HealthVet site at [myhealth.va.gov](https://myhealth.va.gov).
2. Select the Register button.
3. Enter the required information and submit.
4. Upgrade to a free Premium account in person, online, or with a video appointment.

Learn more at [myhealth.va.gov/premium](https://myhealth.va.gov/premium).

### My HealthVet Help Desk

Call the help desk, toll-free, at **877-327-0022** or **800-877-8339 (TTY)** from Monday to Friday, 7 a.m. – 7 p.m. Central time.

**For more information, contact the My HealthVet Coordinator at your local VA facility.**



For more information, visit  
[myhealth.va.gov](https://myhealth.va.gov)

VA



U.S. Department  
of Veterans Affairs