

My Health^eVet Secure Messaging

Conveniently contact
your VA care team online



Secure Messaging enables you to securely exchange messages online with members of your VA care team.

- Ask **non-urgent, non-emergency** health questions.
- Update your VA care team on your health and wellness.
- Schedule, reschedule, or cancel VA appointments.
- Ask routine administrative questions.
- Request VA medication renewals or ask a question about your VA medication.

To access Secure Messaging, sign in to your My Health^eVet Premium account and select Messages from the homepage.

From the Secure Messaging page, you can:

- Compose a new message.
- Check your inbox.
- Search past messages.
- Change your notification preferences.

Your VA care team should respond to your messages within three business days (Monday to Friday, 8 a.m. – 5 p.m. local time, not including federal holidays).



New to My Health^eVet?

Register at myhealth.va.gov.



Need a Premium account?

Upgrade for free in person, online, or via video appointment. Learn more at myhealth.va.gov/premium.

For more information:

Visit myhealth.va.gov/secure-messaging-spotlight.

Contact the My Health^eVet Coordinator at your local VA facility:

Need Help?

Contact the My Health^eVet Help Desk

877-327-0022 or 800-877-8339 (TTY)

Monday to Friday, 7 a.m. – 7 p.m. Central Time.

myhealth.va.gov/contact-us

Get Started Today
myhealth.va.gov



VA



U.S. Department
of Veterans Affairs