



# Take Control of Your Health Through My Health eVet

Join the millions of Veterans who use My HealtheVet to help make informed decisions about their VA care.

My HealtheVet is VA's private and secure online patient portal for Veterans, active duty service members, and their dependents and caregivers. Its online resources and tools offer you greater control over your health and wellness.

# What Can I Do on My HealtheVet?



#### **View VA Health Records**

View, print, or download information from your VA medical record.



#### **Refill VA Prescriptions**

Refill your VA prescriptions, track their delivery, and view a list of your VA prescriptions.



#### **Send Secure Messages**

Communicate securely with your VA care team to ask nonurgent health questions, send updates on your condition, and more.



## **Manage VA Appointments**

View, schedule, and cancel VA care appointments, set up email reminders, and join video visits.

## **How Can I Get Started?**

- 1. Visit the My HealtheVet site at myhealth.va.gov.
- 2. Select the Register button.
- 3. Enter the required information and submit.
- 4. Upgrade to a free Premium account in person, online, or with a video appointment.

Learn more at myhealth.va.gov/premium.

## My HealtheVet Help Desk

Call the help desk, toll-free, at 877-327-0022 or 800-877-8339 (TTY) from Monday to Friday, 7 a.m. – 7 p.m. Central time.



